

## Lyme Aid

For me, the key to an improved, happy life is essential oils.

Oils make change at the cellular level where Lyme disease lives. They don't just mask symptoms. Following is a description of the oils that helped me. If you are unfamiliar with oils, they can be applied to the skin, taken in capsule form or inhaled.

To find more information on Young Living Essential Oils visit our web site at [www.oilovingfamily.com](http://www.oilovingfamily.com)

This is the regimen Pam Carpenter used to eradicate the spirochetes and the co-infections.

### **DO NOT MAKE THESE CAPSULES AHEAD OF TIME THEY WILL DISSOLVE**

(In an "OO" Clear vegetable capsule)

2- drops of Frankincense

6- drops of Oregano

12- drops of Thieves

Ingest 1 capsule every 4hrs for 3 days

Then every 8 hrs for 4 days

Then every 12 for 5 days

Then once a day for 6 days

**WHEN TAKING LYME AID BULLET IT'S VERY IMPORTANT TO DRINK LOTS OF WATER. YOU NEED TO BE URINATING EVERY HOUR OR SO. THE OILS ARE DEHYDRATING AND DETOXIFYING. IF THE TOXINS DON'T LEAVE THE BODY, THEY'RE JUST MOVING TO A NEW LOCATION IN YOUR BODY. (THIS WILL MAKE YOU FEEL SICK)**

### **YOU WILL NEED TO PURCHASE**

Through "YOUNG LIVING ESSENTIAL OILS" Therapeutic Grade Oils

1 -15ml bottle of Frankincense or Sacred Frankincense

1 -15ml bottle of Oregano or Thyme

2 – 15ml bottles of Thieves

1 – Clear vegetable capsules "OO"

Give your body a 4 week rest after the two week regimen- The oils will continue to work.

Repeating only if/when symptoms return. Listen to your body. I repeated it 3x for two days, over the next 2 yrs.

If you have stomach upset spilt your capsules, (make 2 capsules) PUT IN EACH CAPSULE ( 1 drop Frankincense, 3 drops Oregano, 6 drops of Thieves fill the rest of the capsule with V6 oil or olive oil.)

some suggestions for supplements: Life 5, Essentialzmes-4, Inner Defense

\*\*\*\*Important difference between the actions of oils and pharmaceuticals is their intelligence. A true therapeutic grade essential oil is smart. It can tell the bad guys from the good ones. Our bodies function normally and in health with the help of millions of friendly bacteria that live in our intestines and elsewhere in our bodies.

Antibiotics kill off everything indiscriminately, unable to tell one bacteria from another. They are microscopic killing machines, programmed to seek out bacteria without discrimination. In other words, they are brainless robots. Aromatic oils know the difference between the bacteria we need and the hostile invaders. They kill off only the invaders, leaving the friendly flora intact. They are made by or infallible God and imbued with his benevolent intelligence.

When we use pharmaceuticals to overcome a bacterial infection, we are left in a weakened state. Our immune systems have been compromised. Until we can re-establish a new culture of friendly bacteria in our bodies, we are more susceptible to the next illness that comes along.

When we use oils to fight bad bacteria, our systems come out stronger. Our immune systems have been strengthened. Our beneficial bacteria have been left untouched. We are better able to deal with the next barrage of disease-causing germs that may appear. Information taken from the book "Healing Oils of the Bible" by David Stewart" Ph.D you can purchase at [www.lifesciencepublishers.com](http://www.lifesciencepublishers.com)

Learn to muscle test – you can muscle test anything you ingest or put on your body.

## **AFTER YOU ARE DONE WITH THE LYME AID BULLET REGIMEN**

### **Choose a Cleansing program**

Cleansing and the commitment you make to it is a personal choice. You have to decide what program you want and then discipline yourself to accomplish what you desire. Even drinking enough water takes discipline.

However, the reward is worth the denial of food and the pleasure of eating. You cannot put a price on your health, because the price of not having good health is too high. You simply have to plan your protocol, get started, and stay with it. Those are your only requirements.

I chose the Master Cleanse and had great results. The book, The Master Cleanse Experience by Tom Woloshyn will insure you do the cleanse correctly. To get the most out of the cleanse it's very important to follow it exactly. We got our copy off ebay. It's available on Amazon.

## The Importance of Cleansing

As the human body ages, there is a greater buildup of chemical contamination in our tissues. As toxins accumulate, the body is more likely to suffer the energy robbing effects of poor health and degenerative diseases.

This is why cleaning the body is so important. When the body is purging itself of heavy metal contamination, undigested foods, and internal pollution, it relieves enormous stress on the organs and tissues, immune function is enhanced, and the stress on the liver is reduced.

Cleaning helps with weight reduction and brings back the creative, motivation, and vitality that are especially healing when suffering from degenerative disease. also information on all cleanses and protocols are found in the book Essential Oils desk reference. [www.lifesciencepublishers.com](http://www.lifesciencepublishers.com)

### **RAINDROP THERAPY – Recommended once a week**

### **WHEN YOUR BODY IS BALANCED, THE BODY HEALS**

YOU WILL FIND THIS TECHNIQUE on Youtube and IN THE Essential Oils Desk Reference. This book can be purchased at [www.lifesciencepublishers.com](http://www.lifesciencepublishers.com)

The Purpose of Raindrop Technique is to stimulate every organ, muscle and bone of the body at a cellular level through the oils, supporting the immune system, bringing the body into structural/electrical balance and enabling the release of toxins or disease wherever they may be lodged-including those illnesses lodged in the mind and emotions. Raindrop Technique is a non-secular art and science.

### **THE BENEFITS OF RAINDROP**

- 1) Stimulates Detoxification of the body
- 2) Stress relief
- 3) Increase memory and brain function
- 4) Highly anti-bacterial, anti-viral, anti-fungal, anti-inflammatory
- 5) Rapidly rebuild healthy cells
- 6) Relieves Degenerative disorders
- 7) Improve stamina, strength, endurance and energy
- 8) Amplify spiritual connection
- 9) Elevate mood and sense of well being
- 10) Better sleep
- 11) Supports the Immune system

Raindrop is a important roll in the recovery of lyme disease and many other health